



Hineni הניני

ADULT JEWISH LEARNING & CONTEMPLATIVE PRACTICES
TALMUD TORAH OF ST PAUL

2019 FALL/WINTER PROGRAM GUIDE



Fall Series

All programs are open to everyone regardless of affiliation, gender, sexual orientation, physical ability, or background. There are no financial barriers to participation.



**the florence melton school
of adult jewish learning**
A PROJECT OF THE HEBREW UNIVERSITY OF JERUSALEM

Authentic, In-Depth Jewish Learning

If you are looking to study in a community of adults seeking to deepen their understanding of Judaism and Jewish living, then this 2-year, text-based, discussion-oriented, pluralistic course is for you! Choose your location or day of the week and start in either year of the two-year cycle.

Ethics and History

Rabbi Lynn Liberman and Rabbi Ryan Dulkan

WEDNESDAYS | OCT 16–MAY 27 | 6:30–8:45 PM
\$500 + BOOKS | LOCATION: TTSP

Rhythms and Purposes

Susie Chalom and Dalia Davis

MONDAYS | OCT 28–JUNE 1 | 7:00–9:15 PM
\$500 + BOOKS | LOCATION: ADATH JESHURUN
COMMUNITY PARTNERS:
TWIN CITIES SYNAGOGUES AND AGENCIES

Jewish Medical Ethics: A 21st Century Discussion

Rabbi Lynn Liberman

While contemporary medical knowledge preserves life, modern advances have raised moral and ethical dilemmas related to the sanctity and dignity of life—issues whose scope was unimaginable a generation ago. This course explores Jewish approaches to a number of 21st century ethical issues, including human cloning, genetic identity, assisted suicide, and genetic manipulation. **CEU's available.**

MONDAYS | JAN 13–APR 13 | 7:00–8:30 PM
\$250 + BOOKS | LOCATION & CO-SPONSOR: SHIR TIKVAH

Register at www.events.org/MeltonTwinCities

Martin Buber: *The Way of Man According to the Teachings of Hasidism*

Rabbi David Thomas

In this short (38 page) book, Buber employs brief Hasidic folktales to get at his understanding of what life is all about. We will study this text in an interactive, seminar style setting. We will unpack the stories together and discuss the implications. *No pre-reading or knowledge of Judaism or Hasidism is required.*

WEDNESDAYS | OCT 23–NOV 13 | 7:30–8:30 PM
\$54 | \$36 HINENI SUPPORTERS/MOUNT ZION MEMBERS
LOCATION & CO-SPONSOR: MOUNT ZION

Jewish Stories of Wonder

Earl Schwartz

Jewish intellectual tradition is rooted, paradoxically, in an awareness of the inconceivable; in the realization that what is ultimately real reaches beyond what can be grasped conceptually. In this series we explore the wonder born of this insight, in our own lives, and in formative works of Jewish thought - biblical, rabbinic, and philosophical.

THURSDAYS | NOV 21–DEC 19 | 7:00–8:30 PM
\$80 | \$60 HINENI SUPPORTERS/JCC MEMBERS
LOCATION & CO-SPONSOR: ST. PAUL JCC

Mussar Va'ad (Community of Practice)

Sara Lynn Newberger

Study and train in patience, humility, loving-kindness, and other soul traits to become your best self. This va'ad (practice group) will accommodate both those with and without prior experience with Mussar practice.

BI-WEEKLY MONDAYS | NOV 4–MAY 18 | 7:00–8:30 PM
\$360 | \$280 HINENI SUPPORTERS/BJC/MZ MEMBERS
LOCATION: BETH JACOB CONGREGATION
CO-SPONSOR: BETH JACOB AND MOUNT ZION

Getting Real

Earl Schwartz

Explore a set of shared questions that absorbed Muslim, Jewish and Christian thinkers a thousand years ago. Ask the questions they asked and ponder their varied responses.

THURSDAYS | JAN 9–FEB 13 | 7:00–8:30 PM
\$120 | \$90 HINENI SUPPORTERS/JCC MEMBERS
LOCATION & CO-SPONSOR: ST. PAUL JCC



College-Level Modern Hebrew

This is your chance to study modern Hebrew with great teachers and other interested adults! Music, videos, newspapers, poems, short stories, podcasts and other authentic Hebrew texts will augment the textbook. The level of these classes will be determined by the participants. Register your interest and take the placement test at www.ttsp.org.

TUESDAYS & THURSDAYS | OCT 24–JAN 23

7:00–8:30 PM | \$450

LOCATION & CO-SPONSOR: ST. PAUL JCC



Ongoing, Drop-in Programs.
Open to all, check us out.

No experience is necessary.

No cost, donations welcome.

All classes led by Sara Lynn Newberger

Torah and Mindfulness Through the Lens of Hasidic Masters

TUESDAYS | 8:15–9:30 AM

LOCATION: TTSP

Contemplative Chanting

TUESDAYS | 7:00–8:00 PM
11/19, 12/17, 1/21, 2/11

LOCATION & CO-SPONSOR:
BETH JACOB CONGREGATION

Shabbat Meditation

SATURDAYS | 9:15–9:45 AM
First & third Shabbat

LOCATION & CO-SPONSOR:
BETH JACOB CONGREGATION

Meditation

FRIDAYS | 11:00–11:45 AM
Second & fourth Friday
STARTS OCT 25

LOCATION & CO-SPONSOR:
ST. PAUL JCC

Pirke Avot: Ancient Rabbinic Wisdom for Today's World

FRIDAYS | 11:00–12:00 PM
First & third Friday

LOCATION & CO-SPONSOR:
ST. PAUL JCC



One-time Programs

Torah Yoga

Diane Bloomfield

Rabbi Abraham Isaac Kook said: "I am always searching for what is inside my soul." Through the study of Torah and the practice of yoga, we deepen our search for the inner treasures hidden in our body, mind, heart and soul. No previous Torah study or yoga practice necessary.

SUNDAY, NOV 10 | 2:00–4:00 PM

\$20 IN ADVANCE | \$25 AT THE DOOR

LOCATION & CO-SPONSOR: BETH EL

Jewish Medical Ethics: Dialogue between Ideal and Real

Dr. Jonathan Weinkle

Using Genesis and Maimonides, we will explore images of an ideal relationship between doctors and patients. We will examine the hidden perspectives that we carry about those relationships and consider some approaches to creating more wholistic ones.

SUNDAY, NOV 17 | 9:30 AM–12:30 PM

\$36 | \$25 HINENI SUPPORTERS/MAYIM RABIM MEMBERS

LOCATION: TTSP | CO-SPONSOR: MAYIM RABIM

The Inner Light of Hanukkah

Institute for Jewish Spirituality

Join us for a community event! Through online video technology we will join together to engage in mindfulness meditation to prepare our hearts to study. We will turn to the Hasidic and mystical traditions to bring even more light to our Hanukkah celebrations, and our own inner lives. We will raise it all through song.

SUNDAY, DEC 8 | 12:30–2:00 PM

LOCATION & CO-SPONSOR: SHIR TIKVAH

Day-Long Jewish Silent Meditation Retreat

Sara Lynn Newberger and Hazzan Joanna Dulkan

Join us for a day of contemplation as we practice walking and sitting meditation, chanting, silent eating, and heart-centered Torah study.

SUNDAY, JAN 26 | 8:30 AM–3:30 PM

\$100 | \$72 HINENI SUPPORTERS/ADATH MEMBERS

LOCATION: TTSP | CO-SPONSOR: ADATH

**SAVE
• THE •
DATE**

Save the dates for these upcoming special events.

Details about locations, fees and more will be available closer to the program dates.

SUNDAY, FEB 2 | 10:00 AM–12:30 PM

A Morning of Music and Prayer

Rabbi Josh Warshawsky

Spend the morning with this nationally touring Jewish musician, songleader, composer, and teacher of Torah.

LOCATION: BETH EL

SUNDAY, FEB 9 | 9:45AM–3:00 PM

Holding Tensions: Jewish Texts and Traditions for Troubling Times

In our social justice work and in our lives as citizens of this country, tensions exist and will exist. Spend a day naming these tensions and considering tools for working with them.

CO-SPONSOR: NCJW, JCA

SUNDAY, MAR 1 | 1:00–3:30 PM

The Masks We Wear—A Pre-Purim Exploration

Purim costumes and antics of the young, mask a holiday with a complex story, resonances throughout Jewish history, and lessons for our own lives and how we live them today. Come and explore through text and hands-on creative exploration.
A Studio J Event

LOCATION & CO-SPONSOR: ST. PAUL JCC

CLASS REGISTRATION

Register for all classes at www.ttsp.org unless otherwise noted.

HINENI SUPPORTERS

Individuals who make a yearly donation of \$118 or more to Hineni will receive discounts on some course registrations.

Become a supporter at ttsp.org/give/donate



SATURDAY, JAN 18 | 7:00 PM

This year, in honor of the MLK holiday, we will have a social justice/human rights focus. First-rate teachers, wonderful learning, wide-ranging topics—from cerebral to hands-on! Round out the evening with schmoozing, music, and refreshments...and all that in the middle of the winter!

\$25 IN ADVANCE | \$30 AT THE DOOR | UNDER 30 FREE

LOCATION: TTSP | CO-SPONSOR: ST. PAUL JCC

Registration opens early December at www.ttsp.org

Hineni  **הנני**

LEARN MORE

Visit us: www.ttsp.org/hineni

Email us: sara.lynn@ttsp.org

Call us: 651.698.8807

Find us on Facebook: Talmud Torah of St. Paul

Talmud Torah of St. Paul | Marjorie Smith Hofman Educational Building
768 Hamline Avenue South | St. Paul, MN 55116