



**SUNDAY, SEPTEMBER 15**  
**1:00-4:00 PM**

## Leaves, Sticks, and Sand

### Preparing for the High Holidays through Art and Nature along the Mississippi River

- Walk in this beautiful urban park.
- Create patterns/images/symbols from found materials in the spirit of play and discovery.
- Let go of the past, set intentions for the coming year.

No experience necessary. Dress for an outdoor environment. Program will be held at the picnic shelter rain or shine.

**Led by: Sara Lynn Newberger and Denise Tennen**

**Cost: \$25 in advance, \$30 at the “door”**

**LOCATION: Crosby Farm Regional Park**  
2595 Crosby Farm Rd  
St. Paul, MN

In partnership with



This project was made possible in part with the support of *Rimon: The Minnesota Jewish Arts Council*, an initiative of the Minneapolis Jewish Federation.

## What is ephemeral art and why practice it as part of preparation for the High Holidays?

Ephemeral art is art that only lasts for a short amount of time.

The High Holidays, with their emphasis on repentance and forgiveness ask us to, among other things, let go of how we think things are, and be open to new possibilities.

Ephemeral art asks us to let go – of perfection, of permanence, and preconceived ideas of “how it should look”. It enables us to be with what is and to practice compassion. Could there be a better preparation for the High Holidays?

For more information contact  
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Register at  
[www.ttsp.org](http://www.ttsp.org)

There are no financial barriers to participation.

Presented by

